

GVSA Modifications for Small-Sided Games

	U8/9/10	U11/12	U13-U19
Players on roster	8 to 11	10 to 14	13 to 18*
Players on field	6 v 6	8 v 8	11 v 11
Minimum no. of players	4	5	7
Field width	35 to 45 yards	45 to 55 yards	50 to 100 yards
Field length	45 to 60 yards	70 to 80 yards	100 to 130 yards
Center circle radius	8 yards	8 yards	10 yards
Goal area	6 x 18 yards	6 x 19 yards	6 x 20 yards
Penalty area	10 x 26 yards	14 x 35 yards	18 x 44 yards
Penalty mark to goal	8 yards	10 yards	12 yards
Penalty arc radius	8 yards	8 yards	10 yards
Goal height	6 feet	7 feet	8 feet
Goal width	18 feet	21 feet	24 feet
Corner arc radius	1 yard	1 yard	1 yard
Size of ball	#4	#4	#5

* U17, U18, and U19 teams may roster up to 22 players, but a maximum of 18 may dress for a game.

Length of Game:

U8, U9, U10	25 minute halves
U11, U12	30 minute halves
U13, U14	35 minute halves
U15, U16	40 minute halves
U17, U18, U19	45 minute halves

Penalty kicks are the same at all ages, other than the size of the penalty area and penalty arc, and the distance from the penalty mark to the goal line.

Offside offenses are to be called at all ages. In the case of the U8-U10 groups, this will be called by the center referee, and is primarily intended to prevent “cherry picking”. There will be some mistakes calling offside from the center, but this is NOT important. If someone is a foot or two offside, the referee may not be sure and hence cannot blow the whistle. Make sure the coaches appreciate that what is important is only that blatant situations be caught.

Note that the width of the penalty area and goal area are directly related to the width of the goal. For example, if a U11/12 field did not have the recommended 21-foot wide goals available, and used 3 foot narrower 18-foot wide goals instead, the width of the penalty area would also be reduced by 3 feet (to 34 yards), and the width of the goal area would be reduced by 3 feet (to 18 yards).