

2cnd session winter training schedule starting **Monday January 16** Dates

u8-u10 keeper Joe B and James G M 5:30-6:30 3 Joe B and James G Jan 16, 23, 30, Feb 6, 13, 20, 27, Mar 5, 12
 u11-u18 keeper Joe B and James G M 6:30-8:30 2 Joe B and James G Jan 16, 23, 30, Feb 6, 13, 20, 27, Mar 5, 12

Boys	regular season coach	1st			2cnd		
		day	time	field	day	time	field
U8A Gold	Matt Roberts	M	5:30-6:30	2	W	6:30-7:30	2
U8B Black	Matt Roberts	T	6:30-7:30	2	TH	6:30-7:30	2
U8C Silver	Derek Dufendach	T	6:30-7:30	2	TH	6:30-7:30	2
U8D Grey	Nick Gorbach	T	6:30-7:30	2	TH	6:30-7:30	2
U9A Gold	Matt Roberts	M	5:30-6:30	2	W	6:30-7:30	2
U9B Black	Joe Brefczynski	M	5:30-6:30	2	W	6:30-7:30	2
U9C Silver	Paul McGuinness	T	7:30-8:30	1	TH	7:30-8:30	1
U10A Gold	George Moni	T	6:30-7:30	2	TH	6:30-7:30	2
U10B Black	Leo Garcia	T	6:30-7:30	2	TH	6:30-7:30	2
U10C Silver	George Moni	T	7:30-8:30	1	TH	7:30-8:30	1
U10D Grey	Jeff Brown	T	7:30-8:30	1	TH	7:30-8:30	1
U10E White	Joe Brefczynski	T	7:30-8:30	1	TH	7:30-8:30	1
U11A Gold	George Moni	T	5:30-6:30	1	TH	5:30-6:30	1
U11B Black	Paul McGuinness	T	5:30-6:30	1	TH	5:30-6:30	1
U11C Silver	Joe Brefczynski	T	5:30-6:30	1	TH	5:30-6:30	1
U12A Gold	Lewis Robinson	T	7:30-8:30	2	TH	7:30-8:30	2
U12B Black	Phil Vanderlugt/Brian Hughes	T	7:30-8:30	2	TH	7:30-8:30	2
U12C Silver	Juan Delgado	TH	5:30-6:30	A	Sat	6-7pm	B
U12D Grey	Garry Larkin	TH	5:30-6:30	A	Sat	6-7pm	B
U13 Silver	Jaime Fuller	M	7:30-8:30	2	W	5:30-6:30	3
U14 Silver	Kevin Cross	TH	6:30-7:30	A	Sat	7-8pm	B
U15 Silver	Matt Smith	Sun	4-5pm	1			
U16 Black	Curly	Sun	4-5pm	1			
U16 Silver	Nick Gorbach	Sun	4-5pm	1			
U16 Grey	Jim Fuller	Sun	4-5pm	1			
U17 Silver	Jamie Fuller	Sun	5-6pm	1			
U17 Grey	Nick Gorbach	Sun	5-6pm	1			
U18 Black	Scott VanAirsdale	Sun	5-6pm	1			

Girls							
U7A Gold	Sue Lundblad	M	5:30-6:30	2	W	6:30-7:30	2
U8A Gold	Joe Brefczynski	T	5:30-6:30	2	TH	5:30-6:30	2
U8B Black	Chip Hoebek	M	5:30-6:30	2	W	6:30-7:30	2
U9A Gold	Josh Sheldon	W	5-6pm	B	F	5-6pm	B
U9B Black	Paul McGuinness	W	5-6pm	B	F	5-6pm	B
U9C Silver	Garry Larkin	W	6-7pm	B	F	6-7pm	B
U9D Grey	Garry Larkin	W	6-7pm	B	F	6-7pm	B
U9E White	Ken Tamke	M	5:30-6:30	2	W	6:30-7:30	2
U10A Gold	Jeff Brown	M	6:30-7:30	1	W	6:30-7:30	1
U10B Black	Mckenzie Cole	M	6:30-7:30	1	W	6:30-7:30	1
U10C Silver	Garry Larkin	T	5:30-6:30	2	TH	5:30-6:30	2
U11A Gold	Leo Garcia	W	7-8pm	B	F	7-8pm	B
U11B Black	Lisa Goldsmith	M	6:30-7:30	1	W	6:30-7:30	1
U11C Silver	Mckenzie Cole	M	6:30-7:30	1	W	6:30-7:30	1
U11D Grey	Jeremy Droge	T	5:30-6:30	2	TH	5:30-6:30	2
U11E White	Derek Dufendach	T	5:30-6:30	2	TH	5:30-6:30	2
U12A Gold	Lewis Robinson	M	5:30-6:30	1	W	5:30-6:30	1
U12B Black	Jeff Brown	M	5:30-6:30	1	W	5:30-6:30	1
U12C Silver	David Salisz	M	5:30-6:30	1	W	5:30-6:30	1
U12D Grey	James Gilpin	M	7:30-8:30	2	W	5:30-6:30	3
U14 Silver	Mckenzie Cole	M	7:30-8:30	2	W	5:30-6:30	3
U14 Grey	James Gilpin	M	7:30-8:30	2	W	5:30-6:30	3